

# Brompton Heights



BROMPTON HEIGHTS  
SENIOR LIVING



Brompton Heights, Inc.

275 Brompton Road

Williamsville, NY, 14221

(716) 634-5734 [www.bromptonheights.com](http://www.bromptonheights.com)

October 2024

*Caring* IS OUR  
PRIVILEGE.

## Brompton Heights Happenings



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## A letter from our Executive Director

Hello October:

There is more to October than football, costumes, and pumpkin spice. It's a month packed with meaningful observances, causes and fun holidays. October is considered an amazing month. Why? October is one of the few fall months that encourages you to unwind and rediscover your inner child. This month has something for everyone. Whether that means indulging in seasonal candy while marathoning horror movies or taking a weekend getaway to absorb the marvels of nature. October is all about savoring the beauty of the last waning days before the onslaught of holiday preparation and New Year's resolution. Some of the best transitions in the weather occur in October. This is why October is considered a kind month. It marks the transition from heavy rains of the monsoon season to the pleasant and cool weather of autumn. We get to enjoy the summer weather cooling off into a cozier setting so we can all start dressing in our Fall attire again. The environment becomes lush and green due to the rains, and the weather is neither too hot nor too cold, making it a very pleasant time of the year to have the ability to put on your favorite hoodie and maintain the ideal temperature throughout the day. We here at Brompton(residents/staff) call it the cuddle season. We begin getting close to our favorite people. Whether they are family or a particular one. Perhaps prepare some tea or hot chocolate, nibble on some pie, and spend the entire day cuddling. So, gather your blanket and cuddle up and enjoy.

Brian Reader

Executive Director

## Resident of the Month



**Marina Itterman- a native of Russia. Her early education consisted of The Art school in Russia. She moved to NYC at the age of twenty-four. While residing in NYC she attended the Parson's School of Design, specializing in drawing illustrations for children's books. She worked as a graphic artist for advertising agencies/magazines. She then moved to Buffalo in 2019 with her husband of 40 years after retirement to live near their son. Marina is also excellent painter.**

*Congratulations!*

## Employee of the Month



**Jill Castro, originally from Buffalo New York. She is a mother of three beautiful children. During the beginning of the year 2024, Jill decided to take a chance and make a career change from "Construction worker" to "Personal Care Aide". Her favorite pastime activities are reading a good horror story, cooking and a folk-artist painter. She stated "I love working with my residents. They are a bright spot in my LIFE.**

*Congratulations!*

The NYS Dept of Health regulations prohibits the following items in resident's rooms: cooking appliances such as: electric tea kettle, Keurig, microwaves, or hot plates, electric blankets, extension cords/power strips, heating pads, curling irons, or hair dryers/blow dryers.

2) Just a reminder: We have (2) licensed highly skilled hair stylists/beauticians who can provide well-rounded cosmetology services such as: shampoo, haircuts, shaves, perms/relaxers, deep conditioning, curls/press and curls, hair colors (permanent/ or semi-permanent). All appointments can be scheduled through the Recreation dept.

### **Helping Hands of Brompton Heights** **(Volunteer Program)**

We, the Recreation Dept of Brompton Heights, are looking for college students, retired workers, friends of the community or family members to assist with meeting the needs and enhancing the social lives of our residents. A practical way to do this, is with Volunteers. We welcome extra hands and support. So, if you could spare some time to help, it would be appreciated.

### **Upcoming Events**

1) Art Exhibition “: Getting to know me”. Meet the artist: Marina Itterman. She is originally from Russia, currently residing at Brompton Heights. This exhibit will create an excellent opportunity for residents, families, and friends to connect with Ms. Marina. Beyond the obvious display of talent, this art exhibition allows Ms, Marina to deliver a message to her audience, teach a lesson or share a new idea. Her exhibition will run from October 1st thru October 31<sup>st</sup>.

2) A Night at the Opera and Beyond- On October 9<sup>th</sup> at 6pm at Brompton Heights. Residents and families are invited to witness the amazing talents of versatile vocalist, Michael Warner. Michael is an accomplished singer, able to sing many styles from Folk to Opera and everything in between; American Songbook, Soft Rock, Broadway show tunes and Classic Country and more.

### **Donations**

We need magazines(variety) for our Recreation room.

The ice cream parlor is open daily from 2:15pm - 3pm.

- The Sundry cart is available in Recreation to purchase personal care items and snacks.

. The library is open daily.

- Field trips on Tuesdays and Thursdays Please contact recreation staff to sign up.

\*\* To ensure everyone's full participation in field trips. The Recreation department must rotate the list\*\*

## **Happy Birthday to Everyone Born in October!**

Majorie Gingell-10/16  
Anita Schaubert-10/23  
Geraldine Donati-10/31

Ester Cabue-10/2  
Yolanda Sims-10/5  
Addie Purtell-10/10  
Claudia Watkins 10/13

Tiffany Harris-10/23  
Marybeth Donnelly-10/30  
Donna Szymkowiak 10/19



## Management Team

**Executive Director**

**Brian Reader**

**Breader@bromptonheights.com**

**Assistant Executive Director/Case  
Manager**

**Carol Poole**

**Cpoole@bromptonheights.com**

**Business Office Manager**

**Joe Raimondo**

**Jraimondo@bromptonheights.com**

**Director of Nursing**

**Erica Terzian**

**Eterzian@bromptonheights.com**

**Assistant Director of Nursing**

**Nina Somerville**

**Nsomerville@bromptonheights.com**

**Recreation Director**

**Robin M. Hibbert**

**Rhibbert@bromptonheights.com**

**Culinary Director**

**Mark Graham**

**Mgraham@bromptonheights.com**

**Maintenance Director**

**Miguel Diaz**

**Mdiaz@bromptonheights.com**