Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Jul	y 2025	 10:³⁰a Movie Matinee (T) 11:³⁰a Hydration Station 1p Memory Café: West Falls Art Center 1:³⁰p Trivia Time 	10a Morning Greetings 10: ³⁰ a Morning Stretch 11: ³⁰ a Hydration Station 1: ³⁰ p Manicures & Melodies 2: ³⁰ p Hydration & Ice Cream & Book Club 3: ³⁰ p Target Games	10a Morning Greetings 10:³⁰a Catholic Service (R) w/Father Jim 11: ³⁰ a Hydration Station 2p Word Games 2: ³⁰ p Hydration & Ice Cream 3p Crafting 3: ³⁰ p Target Games 5: ³⁰ p Tai Chi	 3 10a Morning Greetings 10a 4th of July Music w/Tom Stahl (B) 11:³⁰a Hydration Station 1:¹⁵p Afternoon Stretch 2:³⁰p Hydration & Ice Cream 3p Manicures & Melodies 3:³⁰p Trivia Time All Day 4th of July Fun Independence Day (US) 	10: ³⁰ a Saturday Stretch 11a Saturday Specials & Hydration 3: ³⁰ p Hydration & Ice Cream Time	5
12: ¹⁵ p Rosary & News & Hydration 2: ¹⁵ p Hydration & Ice Cream Time	10a Protestant Service (R) w/ PR Ashlin from St. Paul's ELCA 1: ¹⁵ p Gardening Club 2: ³⁰ p Hydration & Ice Cream 3p Manicures & Melodies	10: ³⁰ a Movie Matinee (T)	10: ³⁰ a Morning Stretch 11: ³⁰ a Hydration Station 1:¹⁵p Concert w/Johnee D. (M) 1: ³⁰ p Manicures & Melodies 2: ³⁰ p Hydration & Ice Cream & Book Club 3: ³⁰ p Target Games	10: ³⁰ a Catholic Service (R) w/St. Pius X 11: ³⁰ a Hydration Station 1: ¹⁵ p Sing-a-longs 2p Word Games 2: ³⁰ p Hydration & Ice Cream 3p Crafting 3: ³⁰ p Home Economics 5: ³⁰ p Tai Chi	 10a Morning Greetings 11 10:³⁰a Keep Moving w/Kippy (R) 11:³⁰a Hydration Station 1:¹⁵p Afternoon Stretch 2:³⁰p Hydration & Ice Cream 3p Concert w/David Stockton (B) 3:³⁰p Trivia Time 5:¹⁵p Bingo 	11a Saturday Specials & Hydration 1: ¹⁵ p Puzzles & Puzzles ^{Word games & Jigsaw} 2: ³⁰ p Hydration & Ice Cream 3p Sing a Longs 3: ³⁰ p Trivia Time	12
10: ³⁰ a Coffee Chats 11a Rosary & News 1: ³⁰ p Sunday Stretching 2: ³⁰ p Puzzles & Puzzles	9: ³⁰ a Morning Greetings 14 10a Protestant Service (R) w/ PR Ashlin from St. Paul's ELCA 1: ¹⁵ p Gardening Club 2: ³⁰ p Hydration & Ice Cream 3p Manicures & Melodies 5:³⁰p Monday Night Movement	10a Morning Greetings 15 10: ³⁰ a Movie Matinee (T) 11: ³⁰ a Hydration Station 1p Memory Café: West Falls Art Center 1: ³⁰ p Trivia Time 2: ³⁰ p Hydration & Ice Cream 3: ³⁰ p Home Economics	10a Morning Greetings 16 10: ³⁰ a Morning Stretch 11: ³⁰ a Hydration Station 1:¹⁵ Concert w/Tom Bender (B) 1: ³⁰ p Manicures & Melodies 2: ³⁰ p Hydration & Ice Cream & Book Club 3: ³⁰ p Target Games	10: ³⁰ a Catholic Service (R) w/Father John	10: ³⁰ a Keep Moving w/Kippy (R) 11: ³⁰ a Hydration Station 1: ¹⁵ p Afternoon Stretch 2: ³⁰ p Hydration & Ice Cream 3p Manicures & Melodies 3: ³⁰ p Trivia Time 5: ¹⁵ p Bingo	11a Saturday Specials & Hydration 1: ¹⁵ p Puzzles & Puzzles ^{Word games & Jigsaw} 2: ³⁰ p Hydration & Ice Cream 3p Sing a Longs 3: ³⁰ p Trivia Time	19
10: ³⁰ a Coffee Chats 11a Rosary & News 1: ³⁰ p Sunday Stretching 2: ³⁰ p Puzzles & Puzzles	9: ³⁰ a Morning Greetings 21 10a Protestant Service (R) w/ PR Ashlin from St. Paul's ELCA 1: ¹⁵ p Gardening Club 2: ³⁰ p Hydration & Ice Cream 3p Manicures & Melodies 5:³⁰p Monday Night Movement	10:³⁰a Movie Matinee (T) 11: ³⁰ a Hydration Station	10a Morning Greetings 23 10: ³⁰ a Good New Minstrels (R) 11: ³⁰ a Hydration Station 1: ¹⁵ p July Birthday Party (M) w/Brian Beauldry 2: ³⁰ p Hydration & Ice Cream & Book Club 3: ³⁰ p Target Games	 10a Morning Greetings 2 10:³⁰ a Catholic Service (R) w/St. Pius X 11:³⁰a Hydration Station 1:¹⁵p Sing-a-longs Christmas in July 2:³⁰p Hydration & Ice Cream 3p Crafting 3:³⁰p Home Economics 	 4 10a Morning Greetings 25 10:³⁰a Keep Moving w/Kippy (R) 11:³⁰a Hydration Station 1:¹⁵p Afternoon Stretch 2:³⁰p Hydration & Ice Cream 3p Manicures & Melodies 3:³⁰p Trivia Time 5:¹⁵p Bingo 	10: ³⁰ a Saturday Stretch 11a Saturday Specials & Hydration 1: ¹⁵ p Puzzles & Puzzles Word games & Jigsaw 2: ³⁰ p Hydration & Ice Cream 3p Sing a Longs 3: ³⁰ p Trivia Time	26
10: ³⁰ a Coffee Chats 11a Rosary & News 2p Ice Cream Time	9: ³⁰ a Morning Greetings 28 10a Protestant Service (R) w/ PR Ashlin from St. Paul's ELCA 1: ¹⁵ p Gardening Club 2: ³⁰ p Hydration & Ice Cream 3p Manicures & Melodies 5:³⁰p Monday Night Movement	10:³⁰a Movie Matinee (T) 11: ³⁰ a Hydration Station 1:³⁰p Scenic Drive 1: ³⁰ p Trivia Time	10a Morning Greetings 30 11: ³⁰ a Hydration Station 1: ³⁰ p Manicures & Melodies 2: ³⁰ p Hydration & Ice Cream & Book Club 3: ³⁰ p Target Games	10a Morning Greetings 3 10: ³⁰ a Catholic Service (R) w/St. Pius X 11: ³⁰ a Hydration Station 1: ¹⁵ p Sing-a-longs 2: ³⁰ p Hydration & Ice Cream 3p Crafting 3: ³⁰ p Home Economics 5: ³⁰ p Tai Chi	Kerr	Hal	

Room Key: R – Rec Room, L- Library, B – Billiards Room, M – Main Lobby, P- Patio, Green – Outings, Bold – Special or New Please contact the recreation dept for information, concerns, or suggestions: twilliams@bromptonheights.com 716-634-5734 x339